

Soma Eastside Church – Spiritual Growth Resources

Christian Theology

[Systematic Theology: An Introduction to Christian Belief](#) by John Frame

[Systematic Theology: An Introduction to Biblical Doctrine](#) by Wayne Grudem

[Bible Doctrine, Second Edition: Essential Teachings of the Christian Faith](#) by Wayne Grudem

[The Drama of Scripture: Finding Our Place in the Biblical Story](#) by Michael W. Goheen

[Evangelical Convictions](#) by the Evangelical Free Church of America

[Church History in Plain Language, Fifth Edition](#) by Bruce Shelley

Spiritual Formation & Disciple Making

[Gospel Fluency: Speaking the Truths of Jesus into the Everyday Stuff of Life](#) by Jeff Vanderstelt

[Emotionally Healthy Spirituality: It's Impossible to Be Spiritually Mature, While Remaining Emotionally Immature](#) by Peter Scazzero

[Prayer: Experiencing Awe and Intimacy with God](#) by Timothy Keller

[A Praying Life: Connecting with God in a Distracting World](#) by Paul Miller

[Love Your God with All Your Mind: The Role of Reason in the Life of the Soul](#) by J.P. Moreland

[Competing Spectacles: Treasuring Christ in the Media Age](#) by Tony Reinke

[Desiring God, Revised Edition: Meditations of a Christian Hedonist](#) by John Piper

[Gentle and Lowly: The Heart of Christ for Sinners and Sufferers](#) by Dane C. Ortlund

[Walking with God through Pain and Suffering](#) by Timothy Keller

[How does Sanctification Work?](#) by David Powlison

[Sacred Marriage: What If God Designed Marriage to Make Us Holy More Than to Make Us Happy?](#) by Gary Thomas

[When Sinners Say I Do: Discovering the Power of the Gospel for Marriage](#) by Dave Harvey

[Aspire: Part One: Transformed by the Gospel](#) by Matt Rogers

[Aspire: Part Two: Transformed by the Gospel](#) by Matt Rogers

Counseling

[The Great Sex Rescue: The Lies You've Been Taught and How to Recover What God Intended](#) by Sheila Wray Gregoire

[Becoming a Church that Cares Well for the Abused](#) by Brad Hambrick

[A Church Called Tov: Forming a Goodness Culture That Resists Abuses of Power and Promotes Healing](#) by Scot McKnight, Laura Barringer

[The Emotionally Destructive Relationship: Seeing It, Stopping It, Surviving It](#) by Leslie Vernick

[Connecting: Healing Ourselves and Our Relationships](#) by Larry Crabb

[Suffering and the Heart of God: How Trauma Destroys and Christ Restores](#) by Diane Langberg

[Sexual Sanity for Men: Re-creating Your Mind in a Crazy Culture](#) by David White

[Sexual Sanity for Women: Healing from Sexual and Relational Brokenness](#) by Harvest USA, Ellen Dykas

[Lament for a Son](#) by Nicholas Wolterstorff

[The Problem of Pain](#) by C.S. Lewis

[When People Are Big and God is Small: Overcoming Peer Pressure, Codependency, and the Fear of Man](#) by Edward T. Welch

[Addictions: A Banquet in the Grave: Finding Hope in the Power of the Gospel](#) by Edward T. Welch

[Caring for One Another: 8 Ways to Cultivate Meaningful Relationships](#) by Edward T. Welch

[Making Small Groups Work: What Every Small Group Leader Needs to Know](#) by Henry Cloud, John Townsend

[Relationships: A Mess Worth Making](#) by Timothy S. Lane, Paul David Tripp

[Foundations of Trauma Care](#) by Darby Strickland (FREE PDF)

[I Just Want to Die: Replacing Suicidal Thoughts with Hope](#) by David Powlison

[Teens and Suicide: Recognizing the Signs and Sharing Hope](#) by Julie Lowe

Marriage

[Marriage Matters: Extraordinary Change Through Ordinary Moments](#) by Winston Smith

[Sacred Marriage: What If God Designed Marriage to Make Us Holy More Than to Make Us Happy?](#) by Gary Thomas

[When Sinners Say "I Do": Discovering the Power of the Gospel for Marriage](#) by Dave Harvey

Parenting

[Shepherding a Child's Heart](#) by Tedd Tripp

[Family Discipleship: Leading Your Home through Time, Moments, and Milestones](#) by Matt Chandler, Adam Griffin

[This Changes Everything: How the Gospel Transforms the Teen Years](#) by Jaquelle Crowe

Mission

[Strange New World: How Thinkers and Activists Redefined Identity and Sparked the Sexual Revolution](#) by Carl Trueman

[Onward: Engaging the Culture without Losing the Gospel](#) by Russell D. Moore

[Emotionally Healthy Discipleship: Moving from Shallow Christianity to Deep Transformation](#) by Peter Scazzero

[Making Sense of God: An Invitation to the Skeptical](#) by Timothy Keller

[The Reason for God: Belief in an Age of Skepticism](#) by Timothy Keller

[A Light to the Nations: The Missional Church and the Biblical Story](#) by Michael W. Goheen

[Mere Christianity](#) by C.S. Lewis

[Western Christians in Global Mission: What's the Role of the North American Church?](#) By Paul Borthwick

[Evangelism as Exiles: Life on Mission as Strangers in our Own Land](#) by Elliot Clark

[When Helping Hurts: How to Alleviate Poverty Without Hurting the Poor . . . and Yourself](#) by Steve Corbett, Brian Fikkert, John Perkins

[Instruments in the Redeemer's Hands: People in Need of Change Helping People in Need of Change](#) by Paul David Tripp

[Confronting Christianity: 12 Hard Questions for the World's Largest Religion](#) by Rebecca McLaughlin

[The Secular Creed: Engaging Five Contemporary Claims](#) by Rebecca McLaughlin

[Apologetics at the Cross: An Introduction for Christian Witness](#) by Josh Chatraw, Mark D. Allen

[The Color of Compromise: The Truth about the American Church's Complicity in Racism](#) by Jemar Tisby

Leadership

[The Resilient Pastor: Leading Your Church in a Rapidly Changing World](#) by Glenn Packiam

[The Contemplative Pastor: Returning to the Art of Spiritual Direction](#) by Eugene Peterson

[Letters to a Young Pastor: Timothy Conversations between Father and Son](#) by Eugene Peterson

[Future Church: Seven Laws of Real Church Growth](#) by Will Mancini

[Marks of a Movement: What the Church Today Can Learn From the Wesleyan Revival](#) by Winfield Bevins

[The Trellis and the Vine: The Ministry Mind-Shift that Changes Everything](#) by Colin Marshall, Tony Payne

[Simple Church: Returning to God's Process for Making Disciples](#) by Thom S. Rainer, Eric Geiger

[The Emotionally Healthy Leader: How Transforming Your Inner Life Will Deeply Transform Your Church, Team, and the World](#) by Peter Scazzero

Bible Literacy

[Women of the Word: How to Study the Bible with Both Our Hearts and Our Minds \(Second Edition\)](#) by Jen Wilkin

[Knowable Word: Helping Ordinary People Learn to Study the Bible](#) by Peter Krol

[Sowable Word: Helping Ordinary People Learn to Lead Bible Studies](#) by Peter Krol

[How to Read the Bible for All Its Worth](#) by Gordon D. Fee, Douglas Stuart